



Tel: 516 593 0400

## STARTERS

### **ANTIPASTO PLATTER \$59.95**

*15-20 people*

A luscious spread of pepperoni, salami, prosciutto, breadsticks, homemade mozzarella and provolone cheese, marinated mushrooms, roasted red peppers and black olives.

### **VEGETABLE CRUDITES \$39.95 (\$49.95 sculptured)**

*15-20 people*

An overflowing platter of crispy Julienne vegetables including: red and green peppers, broccoli and cauliflower florets, carrot slices and celery accompanied by a creamy Caesar dip.

A perfect centerpiece for your buffet table.

### **ASSORTED CHEESE PLATTER \$49.95 (\$59.95 sculptured)**

*15-20 people*

Cubed pieces of your favorite cheeses.

Select from Swiss, American, Cheddar, Muenster, Jarlsberg, Gouda

Served with a variety of crispy crackers and grapes on a beautifully garnished catering platter.

### **GOURMET SMOKED FISH PLATTER \$18.95 per person**

*15-20 people*

A beautifully decorated platter of the freshest smoked fish available starting with:

Your choice of stuffed or fillet whitefish surrounded by hand-sliced Nova, Sable Plate and Kipperd Baked Salmon on a bed of crispy lettuce, accompanied by Herring Fillets in wine or cream sauce, a delicious cream cheese platter and a platter of the ripest tomato, lettuce and onion slices and, of course, an assortment of hand-rolled bagels.

### **SUCCULENT SALAD PLATTER \$11.95 per person**

*(10 person minimum)*

Choose any of our delicious homemade salads on a beautifully garnished platter with our famous hand-rolled bagels on the side. Choose from Classic Tuna, Honey Mustard Tuna, lite Veggie Tuna, Chunky Chicken Salad, lite Veggie Chicken Salad, Egg Salad, Whitefish Salad, Baked Salmon Salad, Egg Mushroom Onion, Spinach Egg White Tuna, Waldorf Chicken Salad, Honey Mustard Chicken Salad.

Choose from Macaroni Salad, Potato Salad, Cole Slaw, Health Salad, Pasta Supreme, Spinach Bowtie Pasta Salad.



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## **BREAKFAST**

### **BAGEL AND CREAM CHEESE PLATTER \$4.49 per person**

An assortment of our famous old-fashioned hand-rolled bagels with a choice of homemade whipped cream cheese, butter and jelly. Sliced and served in a decorative wicker basket.

### **DELUXE BREAKFAST \$8.99 per person**

Freshly baked pastries, Danish, muffins and bagels with cream cheese, butter and jelly beautifully decorated and plattered.  
Assorted juices, freshly brewed coffee.

### **HOT BREAKFAST BUFFET \$12.99 per person**

Scrambled eggs, French toast, bacon and sausage, home fries, hand-rolled bagels with butter, cream cheese and jelly .  
Freshly brewed coffee, tea, and juice additional \$2.50 per person

*Plates, Knives, Forks, Cups, Napkins & Chafing Dishes*

### **BREAKFAST WRAP PLATTERS \$9.99 per person**

#### **Western Wrap**

Red & green peppers, onion, ham & 3 eggs

#### **California Wrap**

Grated cheddar cheese, green chili peppers and 3 eggs

#### **Spinach Wrap**

Spinach, feta, tomato & 3 eggs

#### **Country Frittata Wrap**

Bacon, onion, ham & 3 eggs

#### **Spanish Tortilla Wrap**

Sautéed potatoes with flat parsley, garlic & 3 eggs

#### **Breakfast Pork Sausage Wrap**

Red & green peppers, onion, sausage links & 3 eggs

Wrap platters are garnished with citrus wedges and strawberries. Fresh brewed coffee & juices included.

**Bagel Gourmet**

**151 Main Street**

**East Rockaway, NY 11518**



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## **CATERING**

### **WRAPS**

**\$9.99 per person**

Overstuffed Wraps or Panini's beautifully garnished on a decorative platter with your choice of wrap or Panini bread and fillings. Choose from sundried tomato, whole wheat, spinach or traditional tortilla wrap.

**Classic Caesar** grilled chicken cutlet with lettuce, tomato & Caesar dressing

**Vegetable Tuna** with lettuce & tomato

**Honey Mustard Chicken** with lettuce & tomato

**Santé Fe** pepper turkey, roasted peppers, grilled onion with spicy jalapeno mayo

**Chefs Delight** grilled chicken, roasted peppers, melted mozzarella, lettuce with balsamic vinaigrette

**Montauk** chicken cutlet, Monterey jack cheese, lettuce, tomato & ranch dressing

**Sag Harbor** grilled chicken, goat cheese, mixed greens & pesto

**Vermont** grilled chicken, fresh mozzarella, tomatoes, homemade pesto, drizzle Maple syrup

**Aspen** Everroast chicken, chipotle gouda cheese, spinach, caramelized onions, Russian dressing

**Veggie Wrap** seasoned grilled vegetables, goat cheese & balsamic

**The Mediterranean** grilled chicken, tomatoes, cucumbers, feta & lettuce

**The Cali Club** honey turkey, Swiss, avocado, bacon, lettuce & tomato

### **PANINIS**

**\$9.99 per person**

**Turkey Delight** fresh honey glazed turkey, jarlsberg, coleslaw & honey mustard

**Chicken Parmigiana** breaded chicken, fresh mozzarella, marinara sauce, fresh basil & parmigiana cheese

**Tuscan** fresh mozzarella, plum tomatoes, basil, spinach and sundried tomato

**Chicken Fajita** grilled chicken, cheddar cheese, roasted peppers, caramelized onions & salsa

**Toasted Monte Cristo** layers of ham and smoked turkey, Swiss, cheddar, lettuce, tomato & honey mustard

**The Italiano** grilled chicken, roasted peppers, fresh mozzarella & pesto sauce

**Vegetarian** grilled vegetables, zucchini, eggplant & mozzarella

**Eggplant Parmigiana** oven roasted eggplant, fresh mozzarella, basil, marinara sauce & parmigiana cheese

**Buffalo Chicken** chicken breast with homemade fire sauce, roasted peppers & fresh mozzarella

**American Wedge** breaded chicken cutlet, bacon, cheddar cheese, lettuce, tomato & Russian dressing

**Milano** prosciutto, fried eggplant, roasted peppers, mozzarella & balsamic

Served with choice of salad:  
Potato, Macaroni or Coleslaw  
Also includes pickle and olive tray  
Also available with homemade salads:  
Chicken Salad, Tuna Salad, Shrimp Salad, Honey Mustard Tuna and many more!

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## **CATERING**

### **DELUXE PARTY HEROS**

**From \$18.95 per foot**

#### **American**

Roast Beef, Oven Roasted Turkey Breast, Baked Virginia Ham, Swiss Cheese, American Cheese, Lettuce & Tomato

#### **Italian**

Genoa Salami, Ham Cappicola, Pepperoni, Roasted Peppers, Red Onions, Provolone Cheese, Lettuce & Tomato

### **GOURMET PARTY HEROS**

**From \$20.95 per foot**

#### **Italian Style Grilled Chicken**

Marinated grilled chicken, fresh mozzarella, sweet roasted red peppers, lettuce, tomatoes & balsamic vinaigrette

#### **Chicken Cutlet Classic**

Golden fried chicken cutlet, topped with melted American cheese, lettuce, tomato with Russian dressing

#### **Balsamic Grilled Veggies**

Roasted peppers, eggplant, yellow & green zucchini, broccoli marinated with fresh herbs and spices over romaine lettuce and topped with fresh mozzarella and beefsteak tomatoes.

#### **Honey BBQ Chicken Breast**

Sliced boneless chicken breast in our own honey BBQ sauce with sautéed onions and melted mozzarella with lettuce and tomatoes.

3-6 Foot Heroes  
(Each Foot Feeds 3-4 People)

Party heroes include homemade salads: Potato, Macaroni, Coleslaw  
and pickle and olive tray.

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## **CATERING**

### **COLD CUT BUFFET \$10.95 per person**

Cold cut platter, salads, assorted breads & bagels

Your choice of 4 meats, 2 cheeses, 3 salads, pickle and olive tray, mustard, mayonnaise and honey mustard. Paper goods available for an additional cost of \$1.50 per guest (includes serving spoons, plates, forks, knives, napkins).

#### **MEATS**

Roast Beef  
Turkey Breast  
Honey Maple Turkey  
Baked Virginia Ham  
Boiled Ham  
Genoa Salami  
Ham Cappicola  
Corn Beef  
Pastrami

#### **CHEESES**

American  
Swiss  
Muenster  
Provolone  
Pepper Jack

#### **SALADS**

Potato  
Macaroni  
Coleslaw  
Health  
Tortellini  
Primavera  
Cucumber  
Pasta Supreme

### **DELUXE SANDWICH PLATTER \$10.95 per person**

Overstuffed sandwiches with your choice of meat & cheese, or meats & salads, or salads only.

#### **MEATS**

Roast Beef  
Turkey Breast  
Honey Maple Turkey

#### **CHEESES**

American  
Swiss  
Muenster

#### **SALADS**

Classic Tuna  
Chicken Salad  
Egg Salad

Baked Virginia Ham  
Boiled Ham  
Genoa Salami  
Ham Cappicola  
Corn Beef  
Pastrami

Provolone  
Pepper Jack

Honey Mustard Tuna  
Tuna Salad  
Dijon Chicken Salad  
Seafood Salad

All beautifully decorated and arranged on our famous hand-rolled bagels or assorted breads and rolls. Served with your choice of salads: Potato, Macaroni or Coleslaw. Also includes pickle and olive tray.

### **ADDITIONAL SALADS**

Tossed \$34.95 \* Caesar \$39.95 \* Greek \$39.95 \* w/grilled chicken \$9.99 extra  
*All served with dressing on the side*

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## **CATERING**

### **HEMECOOKED HOT FOOD BUFFET**

**\$14.99 per person**

#### **CHICKEN ENTREES**

Chicken Marsala  
Chicken Francese  
Chicken Scampi  
Chicken Cacciatore  
Chicken Cutlet Parmigiana  
Honey BBQ Chicken  
Chicken Hunter  
Chicken Mozzarella  
Sweet & Sour Chicken  
Chicken Teriyaki  
Sesame Chicken  
Marinated Grilled Chicken

#### **PASTA DISHES**

Baked Ziti  
Penne a la Vodka  
Homemade Stuffed Shells  
Vegetable Lasagna  
Ziti Bolognese  
Eggplant Rollatini  
Penne with Broccoli, Garlic & Oil  
Baked Cheese Ravioli  
Pennewith Broccoli and Grilled Chicken  
Penne, Grilled Chicken w/ Sundried Tomatoes&  
Fresh Spinach in White Wine and Garlic Sauce

#### **BEEF ENTRIES**

Swedish Meatballs in Gravy  
Mama's Meatballs in Sauce  
Roast Beef in Gravy  
Brisket in Gravy

#### **SPECIALTY ENTRIES**

*(priced accordingly)*  
Pepper Steak

Marinated Sliced Steak  
Steak Pizzaiola  
Beef & Broccoli  
Flounder Francese  
Grilled Shrimp over Rice  
Sausage & Peppers

Your choice of entrees includes dinner rolls and butter. Hot chafing dishes, sternos, water pans, serving spoons.

Paper goods available for an additional cost of \$1.50 per guest (includes serving spoons, plates, forks, knives, napkins, hot and cold cups).

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## **CATERING**

### **SUMMER BBQs**

*(10 person minimum)*

**PACKAGE 1** Choice of 3  
**\$14.99 per person**

Fresh Ground Burgers w/Cheese, Bacon or Chili  
Hot Dogs, Chili Dogs, Cheese Dogs, Bacon Cheese Dogs  
Smoked Kielbasa  
Bratwurst Poached in Beer & Onions and  
Grilled to perfection  
Moroccan Marquez Sausage (lamb, beef, cumin,

\* All prices subject to change

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